

# Recommended Vegetable Varieties

L41

#### Arugula

Arugula Astro Sylvetta

#### Asparagus

California types (Atlas and US157) produce higher yields in warm springs; New Jersey hybrids produce higher yields in cool springs. Atlas (H) California UC 157 (H) Jersey Giant (H) Jersey King (H) Jersey Knight (H) Jersey Supreme (H) Purple Passion (H)

## Bean

Lima Fordbook 242 Henderson's Pole Kentucky Blue Kentucky Wonder Northeaster Purple King Carminat Snap Contender Derby Jade Provider Royal Burgundy Strike Tendercrop Xera (heat tolerant) Wax Carson Eureka Goldmine

#### Beet

Avalanche (white) Boldor (gold) Chioggia Cylindra Detroit Dark Red Early Wonder Kestrel Perfected Detroit Red Ace (H) Ruby Queen Touchstone Gold

# Broccoli

Diplomat (H) Green Comet (H) Gypsy (H) Imperial (H) Marathon (H) (late) Packman (H) Premium Crop (H)

## Cabbage

Extremely Early Gonzales (H) (mini head) Stone Head (H) Early Discovery (H) Midseason Blue Dynasty Bravo Red Integro (H) Red Acre Red Rookie Ruby Ball

## Cabbage, Chinese

Blues (H) Jade Pagoda (H) Asian Greens Joi Choi (H) Red Choi (H) Komatsuna Kyona Mizuna Mei Qing Choi (H) Tatsoi

#### Carrot

Gold King (no longer available) Gold Pak (no longer available) Mokum (H) Napoli (H) Purple Haze (H) Purple 68 (H; fall planting best) Red Cored Chantenay Royal Chantenay Scarlet Nantes Tendersweet

# Cauliflower

Cheddar (H; orange) Graffiti (H; purple) Fremont (H) Self Blanche (late-maturing) Snowball (early maturing) Snow Crown (H)

# Corn, Pop

Robust 21-82W (white H) Robust 128YH (yellow, H) Strawberry (novelty, small red ear, small white kernels)

# Corn, Sweet (all H)

Sweet corn may be divided into three distinct types according to genetic background: normal sugary (su), sugar enhanced (se) and supersweet (Sh2). Bicolor Ambrosia (se) Candy Store (sh2) Delectable (se) Honey and Cream (su) White Argent (se) How Sweet It Is (sh2) Silver King (se) Silver Queen (su) Yellow Bodacious (se) Incredible (se) Jubilee (su) Kandy Korn (se) Merit (su) Miracle (se) Sundance (su)

## Cowpea

Crowder types Purple Hull types

## Cucumber

Dwarf Plants Bush Champion Fanfare Pot Luck (H) Salad Bush (H) Spacemaster

(H) indicates hybrid variety.

#### Cucumber (cont'd.)

Picklers Alibi (H; miniature fruit) Bush Pickle (H) Carolina (H) Pioneer (H) Slicers Burpee Hybrid II (H) Dasher II (H) Slicers Diva General Lee (H) Marketer Raider (H) Early Spring Burpless (H) Summer Dance (H) Suyo Long Sweet Slice (H) Sweet Success (H) Thunder (H)

## Eggplant

Black Beauty Bride (H) Dusky (H) Epic (H) Fairy Tale (H) Ghostbuster (white) Gretel (mini, H) Hansel (mini, H) Ichiban (H) Millionaire (H) Orient Express (H)

# Fennel (bulb)

Orazio

#### Garlic

Chesnok Red Music Purple Glazer

#### Kohlrabi

Early Vienna Kolibri (H; purple) Kossak (H)

#### Kale

Toscano Winterbor (H) Redbor (H; red) Red Russian

#### Lettuce

Head Crispino Leaf Black Seeded Simpson New Red Fire (red leaf)

Muir (incredible heat tolerance) Prizehead (red) Red Sails (red leaf) Red Saladbowl (red oakleaf) Salad Bowl (oakleaf) Slobolt Waldmans Green Romaine Coastal Star Green Forest Iericho Paris Island Cos Thurinus (red) Soft head Adriana Buttercrunch Ermosa Harmony Skyphos (red) Red Cross (red)

#### **Melon, Green Fleshed**

Amy (H) Earli Dew (H) Muskateer (H; white flesh)

## Melon, Muskmelon

Ambrosia (H) Angel (H) Athena (H) Burpee Hybrid (H) Fastbreak (H) Lilliput (H) Park's Whopper (H) Pulsar (H) Superstar (H) Sugar Cube (H) Tasty Bite (H)

#### Melon, Watermelon

Elongated Allsweet Sangria (H) Sweet Princess Icebox Mini Love (H; compact vine) Sugar Baby Yellow Doll (H) Round, Striped Crimson Sweet Royal Jubilee

#### Mustard

Golden Streaks (salad type) Green Wave Red Giant Red Streaks (salad type) Southern Giant Curled Tendergreen

#### Okra

Annie Oakley II (H) Red Burgundy Cajun Delight (H) Clemson Spineless Emerald

#### Onion

Candy (H) Granex (poor keeper) Redwing (H; red, good keeper) Red Burgundy (poor keeper) Super Star (H; white) Texas Grano (1015Y, fair keeper) Walla-Walla (poor keeper) White Sweet Spanish (late, good winter keeper) Yellow Sweet Spanish (late, good keeper)

## Parsnip

Albion (H) All-American Hollow Crown Harris Model Javelin (H)

## Pea

Edible Pod Sugar Ann Sugar Bon Super Sugar Snap Sugar Sprint Shelling Types Burpeeana Frosty Green Arrow Knight Little Marvel Maestro Mister Big Snow Peas Dwarf Grey Sugar Mammoth Melting Sugar Snow Green

## Pepper

Bell Admiral (H; green to yellow) Alliance (H; green to red) Aristotle (H; green to red) Bell Boy (H; green to red) Big Bertha (H; green to red)

#### Pepper (cont'd.)

Blushing Beauty (H; ivory to red) Camelot (H; green to red) Flavorburst (H; green to orange) Garfield (H; green to orange) Great Stuff (H) Jupiter (green to red) Keystone Resistant Giant (green to red) King Arthur (H; green to red) Lady Bell (H; green to red) Revolution (H; green to red) Vanguard (H; green to red) Chiles (Hot) Anaheim Ancho Masivo Biggie Chile (H) Mariachi (H) New Mexico Improved Chili (no longer available) Red Chili Super Chili (H) Delicias (mild jalapeno) Habanero (hotter) Caribbean Red Fatali Habanero Hot Paper Lantern Jalapeno Delicias Dulce El Jefe Ixtapa TAM Jalapeno Telica Serrano Serrano Serrano del Sol Other Hot Aji Limon / Hot Lemon Tabasco Hot Large Red Cayenne Thai Hot Kung Pao (H) Other Sweet Banana Bill (H) Biscayne (H) Carmen (H; green to red) Escamillo (H) Giant Marconi (H) Goddess (H; sweet banana) Gypsy (H) Lipstick Lunchbox (snack size) Pimento Sweet Banana Sweet Cherry Sweet Heat (H)

#### Potato

Red

LaRouge (midseason, good disease tolerance, yield more than Norland) LaSoda (midseason, good disease tolerance, yield more than Norland) Red Norland (early, good disease tolerance) Purple Viking (moderately early, new, high vielding, highly disease resistant) Russet (best for baking) Norkotah (midseason, best of russet varieties for Kansas) White (good for baking) Irish Cobbler (early season, mashing and baking, poor tolerance to disease) Kennebec (late season, poor disease tolerance) Norchip (midseason, mealy, best white for fries, most productive of the whites) Superior (midseason, good for mashing)

## Pumpkin

Huge Atlantic Giant Big Max Big Moon Large Aspen (H) Big Autumn Connecticut Field Ghost Rider Howden Racer (H) Sorcerer (H) Medium Autumn Gold (H) Magic Lantern (powdery mildew tolerance) Spirit (H; bush-type for limited space) Miniature **Jack Be Little** Munchkin Small Baby Pam (good pie pumpkin) Mystic Plus (H; powdery mildew tolerance) Orange Smoothie (H; semi-bush type) Spookie Sugar Pie Specialty Cinderella Fairvtale Lumina

## Radish

Multicolored Easter Egg French Breakfast Red Meat (watermelon /daikon) *Red* Cherry Belle Red Boy Scarlet Globe Amethyst (purple) *White* White Icicle Summer Cross No. 3 (H; daikon)

## Rhubarb

Canada Red Crimson Red McDonald Valentine

## Spinach

Long Standing Bloomsdale Space (H) – smooth Tyee (H) – slow to go to seed

## Squash, Summer

Early Prolific Straightneck Flying Saucer (H; patty pan) Goldbar (H; yellow zucchini) GoldRush (H; yellow zucchini) Papaya Pear (H) Yellow Crookneck Sunburst (H; yellow scallop) Zucchini (several varieties) Tromboncino

## Squash, Winter

Butternut (several improved strains and bush types available) Green Hubbard Pink Banana Royal Acorn, Ebony Acorn or Table Queen Spaghetti Squash, Cornell's Bush Delicata Sunshine (H) Striped, White, Golden Cushaw

## **Sweet Potato**

Beauregard Georgia Jet (rose skin, high-yield, early) NC Japanese (Asian type with purple skin and white flesh)

## Swiss Chard

Bright Lights Fordhook Giant

(H) indicates hybrid variety.

#### Tomato

Standard slicers have some disease resistance. Determinate tomatoes produce most of their fruit early in the season and less later. They also have shorter, more manageable vines. Indeterminate tomatoes produce large vines and bear fruit through the season except when hot, summer temperatures prevent pollination and fruit formation. Roma Little Napoli (H; determinate, compact) Plum Crimson (H; determinate) Plum Dandy (H; indeterminate) Pony Express (H; nematode resistant) Margherita VF (H; determinate) Roma VF (heirloom, semi-determinate) Super Marzano VF (H; indeterminate) Grape/Cherry Type Esterina (H; yellow, indeterminate) Juliet (H; indeterminate) Mountain Belle (H; determinate) Sun Gold (H; yellow, indeterminate) Suncherry (H; indeterminate) SunSugar (H: yellow, indeterminate,

excellent flavor, prone to cracking) Supersweet 100 (H; indeterminate) Tumbling Tom (H; determinate) Sweet Olive (H; determinate) Standard Slicers Amelia (H; some disease resistance) Beefy Boy (H; short internode indeterminate) Big Beef (H; large fruit, productive, indeterminate) Carolina Gold (H; yellow, determinate) Celebrity (H; highly disease resistant, vigorous determinate plant, large fruit) Chef's Choice (H; large fruit, indeterminate) Floralina (H; some disease resistance, no longer available) Florida 47 (H; determinate) Florida 91 (H; heat tolerance, determinate) Jetsetter (H; indeterminate) Jet Star (H; an older indeterminate variety, very good yield, very good crack resistance. This was the top recommended variety for years. Some disease resistance.)

Mountain Fresh Plus (H; determinate) Mountain Gold (yellow, determinate) Mountain Spring (H; crack resistant, determinate) Primo Red (H; early, productive, strongly determinate) Scarlet Red (H, determinate) Sun Leaper (H) and Sunmaster (H; heat set types that continue setting fruit at higher temperatures than standard varieties.) Heirloom Slicers (indeterminate) Amanda Orange (orange, very large fruit, highly fluted) Black Krim (dark, red-purple, fruit, higher yield than most heirlooms) Cherokee Purple (pink-purple fruit) Mortgage Lifter (red fruit, fluted)

(H) indicates hybrid variety.

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From original by Charles W. Marr, Extension specialist, horticulture, retired

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