Recommended Vegetable Varieties

**Arugula**
- Arugula
- Astro
- Sylvestta

**Asparagus**
*California types (Atlas and US157)* produce higher yields in warm springs; *New Jersey hybrids* produce higher yields in cool springs.
- Atlas (H)
- California UC 157 (H)
- Jersey Giant (H)
- Jersey King (H)
- Jersey Knight (H)
- Jersey Supreme (H)
- Purple Passion (H)

**Beans**

- **Lima**
  - Fordhook 242
  - Henderson's
- **Pole**
  - Kentucky Blue
  - Kentucky Wonder
  - Northeaster
  - Purple King
  - Carminat
- **Snap**
  - Contender
  - Derby
  - Jade
  - Provider
  - Royal Burgundy
  - Strike
  - Tenderscrop
  - Xera (heat tolerant)
- **Wax**
  - Carson
  - Eureka
  - Goldmine

**Beet**

- Avalanche (white)
- Boldor (gold)
- Chioggia
- Cylinda
- Detroit Dark Red
- Early Wonder
- Kestrel
- Perfected Detroit

**Broccoli**
- Diplomat (H)
- Green Comet (H)
- Gypsy (H)
- Imperial (H)
- Marathon (H) (late)
- Packman (H)
- Premium Crop (H)

**Cabbage**

- **Extremely Early**
  - Gonzales (H) (mini head)
  - Stone Head (H)
  - Early Discovery (H)
- **Midseason**
  - Blue Dynasty
  - Bravo
  - Red
  - Intregro (H)
  - Red Acre
  - Red Rookie
  - Ruby Ball

**Cabbage, Chinese**

- Blues (H)
- Jade Pagoda (H)
- Asian Greens
- Joi Choi (H)
- Red Choi (H)
- Komatsuna
- Kyona Mizuna
- Mei Qing Choi (H)
- Tatsoi

**Carrot**

- Gold King (no longer available)
- Gold Pak (no longer available)
- Mokum (H)
- Napoli (H)
- Purple Haze (H)
- Purple 68 (H; fall planting best)
- Red Cored Chantenay
- Royal Chantenay
- Scarlet Nantes
- Tendersweet

**Cauliflower**

- Cheddar (H; orange)
- Graffiti (H; purple)
- Fremont (H)
- Self Blanche (late-maturing)
- Snowball (early maturing)
- Snow Crown (H)

**Corn, Pop**

- Robust 21-82W (white H)
- Robust 128YH (yellow, H)
- Strawberry (novelty, small red ear, small white kernels)

**Corn, Sweet (all H)**

*Sweet corn may be divided into three distinct types according to genetic background: normal sugary (su), sugar enhanced (se) and supersweet (Sh2).*
- **Bicolor**
  - Ambrosia (se)
  - Candy Store (sh2)
  - Delectable (se)
  - Honey and Cream (su)
- **White**
  - Argent (se)
  - How Sweet It Is (sh2)
  - Silver King (se)
  - Silver Queen (su)
- **Yellow**
  - Bodacious (se)
  - Incredible (se)
  - Jubilee (su)
  - Kandy Korn (se)
  - Merit (su)
  - Miracle (se)
  - Sundance (su)

**Cowpea**

- Crowder types
- Purple Hull types

**Cucumber**

- *Dwarf Plants*
  - Bush Champion
  - Fanfare
  - Pot Luck (H)
  - Salad Bush (H)
  - Spacemaster

(H) indicates hybrid variety.
Cucumber (cont’d.)

Picklers
- Alibi (H; miniature fruit)
- Bush Pickle (H)
- Carolina (H)
- Pioneer (H)

Slicers
- Burpee Hybrid II (H)
- Dasher II (H)
- Diva
- General Lee (H)
- Marketeer
- Raider (H)
- Early Spring Burpless (H)
- Summer Dance (H)
- Suyo Long
- Sweet Slice (H)
- Sweet Success (H)
- Thunder (H)

Eggplant
- Black Beauty
- Bride (H)
- Dusky (H)
- Epic (H)
- Fairy Tale (H)
- Ghostbuster (white)
- Gretel (mini, H)
- Hansel (mini, H)
- Ichiban (H)
- Millionaire (H)
- Orient Express (H)

Fennel (bulb)
- Orazio

Garlic
- Chesnok Red
- Music
- Purple Glazer

Kohlrabi
- Early Vienna
- Kolibri (H; purple)
- Kossak (H)

Kale
- Toscano
- Winterbor (H)
- Redbor (H; red)
- Red Russian

Lettuce
- Head
  - Crispino
- Leaf
  - Black Seeded Simpson
  - New Red Fire (red leaf)
  - Muir (incredible heat tolerance)
  - Prizehead (red)
  - Red Sails (red leaf)
  - Red Salad Bowl (red oakleaf)
  - Salad Bowl (oakleaf)
  - Slobolt
  - Waldmans Green

Romaine
- Coastal Star
- Green Forest
- Jericho
- Paris Island Cos
- Thuninus (red)

Soft head
- Adriana
- Buttercrunch
- Ermosa
- Harmony
- Skyphos (red)
- Red Cross (red)

Melon, Green Fleshe
- Amy (H)
- Earli Dew (H)
- Muskateer (H; white flesh)

Melon, Muskemelon
- Ambrosia (H)
- Angel (H)
- Athena (H)
- Burpee Hybrid (H)
- Fastbreak (H)
- Lilliput (H)
- Park’s Whopper (H)
- Pulsar (H)
- Superstar (H)
- Sugar Cube (H)
- Tasty Bite (H)

Melon, Watermelon

Elongated
- Allsweet
- Sangria (H)
- Sweet Princess

Icebox
- Mini Love (H; compact vine)
- Sugar Baby
- Yellow Doll (H)

Round, Striped
- Crimson Sweet
- Royal Jubilee

Mustard
- Golden Streaks (salad type)
- Green Wave
- Red Giant
- Red Streaks (salad type)
- Southern Giant Curled
- Tendersgreen

Okra
- Annie Oakley II (H)
- Red Burgundy
- Cajun Delight (H)
- Clemson Spineless
- Emerald

Onion
- Candy (H)
- Granex (poor keeper)
- Redwing (H; red, good keeper)
- Red Burgundy (poor keeper)
- Super Star (H; white)
- Texas Grano (1015Y, fair keeper)
- Walla-Walla (poor keeper)
- White Sweet Spanish (late, good winter keeper)
- Yellow Sweet Spanish (late, good keeper)

Parsnip
- Albion (H)
- All-American
- Hollow Crown
- Harris Model
- Javelin (H)

Pea
- Edible Pod
  - Sugar Ann
  - Sugar Bon
  - Super Sugar Snap
  - Sugar Sprint

Shelling Types
- Burpeeana
- Frosty
- Green Arrow
- Knight
- Little Marvel
- Maestro
- Mister Big

Snow Peas
- Dwarf Grey Sugar
- Mammoth Melting Sugar
- Snow Green

Pepper
- Bell
  - Admiral (H; green to yellow)
  - Alliance (H; green to red)
  - Aristotle (H; green to red)
  - Bell Boy (H; green to red)
  - Big Bertha (H; green to red)

(H) indicates hybrid variety.
**Pepper (cont'd.)**
- Blushing Beauty (H; ivory to red)
- Camelot (H; green to red)
- Flavorburst (H; green to orange)
- Garfield (H; green to orange)
- Great Stuff (H)
- Jupiter (green to red)
- Keystone Resistant Giant (green to red)
- King Arthur (H; green to red)
- Lady Bell (H; green to red)
- Revolution (H; green to red)
- Vanguard (H; green to red)

**Chiles (Hot)**
- Anaheim
- Ancho Masivo
- Biggie Chile (H)
- Mariachi (H)
- New Mexico Improved Chili (no longer available)
- Red Chili
- Super Chili (H)
- Delicias (mild jalapeno)

**Habanero (hotter)**
- Caribbean Red
- Fatali
- Habanero
- Hot Paper Lantern

**Jalapeno**
- Delicias
- Dulce
- El Jefe
- Ixtapa
- TAM Jalapeno
- Telica
- Serrano
- Serrano
- Serrano del Sol

**Other Hot**
- Aji Limon / Hot Lemon
- Tabasco
- Hot Large Red Cayenne
- Thai Hot
- Kung Pao (H)

**Other Sweet**
- Banana Bill (H)
- Biscayne (H)
- Carmen (H; green to red)
- Escamilo (H)
- Giant Marconi (H)
- Goddess (H; sweet banana)
- Gypsy (H)
- Lipstick
- Lunchbox (snack size)
- Pimento
- Sweet Banana
- Sweet Cherry
- Sweet Heat (H)

**Potato**

<table>
<thead>
<tr>
<th>Variety</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red</td>
<td>LaRouge (midseason, good disease tolerance, yield more than Norland)</td>
</tr>
<tr>
<td></td>
<td>LaSoda (midseason, good disease tolerance, yield more than Norland)</td>
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<tr>
<td></td>
<td>Red Norland (early, good disease tolerance)</td>
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<tr>
<td></td>
<td>Purple Viking (moderately early, new, high yielding, highly disease resistant)</td>
</tr>
<tr>
<td>Rustet (best for baking)</td>
<td>Norkotah (midseason, best of rustet varieties for Kansas)</td>
</tr>
<tr>
<td>White (good for baking)</td>
<td>Irish Cobbler (early season, mashing and baking, poor tolerance to disease)</td>
</tr>
<tr>
<td></td>
<td>Kennebec (late season, poor disease tolerance)</td>
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<tr>
<td></td>
<td>Norchip (midseason, mealy, best white for fries, most productive of the whites)</td>
</tr>
<tr>
<td></td>
<td>Superior (midseason, good for mashing)</td>
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</tbody>
</table>

**Pumpkin**

<table>
<thead>
<tr>
<th>Variety</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Huge</td>
<td>Atlantic Giant</td>
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<tr>
<td></td>
<td>Big Max</td>
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<td></td>
<td>Big Moon</td>
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<tr>
<td></td>
<td>Large</td>
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<td></td>
<td>Aspen (H)</td>
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<td></td>
<td>Big Autumn</td>
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<td>Connecticut Field</td>
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<td></td>
<td>Ghost Rider</td>
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<td></td>
<td>Howden</td>
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<tr>
<td></td>
<td>Racer (H)</td>
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<td></td>
<td>Sorcerer (H)</td>
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<tr>
<td>Medium</td>
<td>Autumn Gold (H)</td>
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<tr>
<td></td>
<td>Magic Lantern (powdery mildew tolerance)</td>
</tr>
<tr>
<td></td>
<td>Spirit (H; bush-type for limited space)</td>
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<tr>
<td>Miniature</td>
<td>Jack Be Little</td>
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<tr>
<td></td>
<td>Munchkin</td>
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<tr>
<td>Small</td>
<td>Baby Pam (good pie pumpkin)</td>
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<tr>
<td></td>
<td>Mystic Plus (H; powdery mildew tolerance)</td>
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<tr>
<td></td>
<td>Orange Smoothie (H; semi-bush type)</td>
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<tr>
<td></td>
<td>Spookie</td>
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<td></td>
<td>Sugar Pie</td>
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<td></td>
<td>Specialty</td>
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<tr>
<td></td>
<td>Cinderella</td>
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<tr>
<td></td>
<td>Fairytales</td>
</tr>
<tr>
<td></td>
<td>Lumina</td>
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</table>

**Radish**

<table>
<thead>
<tr>
<th>Variety</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multicolored</td>
<td>Easter Egg</td>
</tr>
<tr>
<td></td>
<td>French Breakfast</td>
</tr>
<tr>
<td></td>
<td>Red Meat (watermelon / daikon)</td>
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<tr>
<td>Red</td>
<td>Cherry Belle</td>
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<tr>
<td></td>
<td>Red Boy</td>
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<td></td>
<td>Scarlet Globe</td>
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<tr>
<td></td>
<td>Amethyst (purple)</td>
</tr>
<tr>
<td>White</td>
<td>White Icicle</td>
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<tr>
<td></td>
<td>Summer Cross No. 3 (H; daikon)</td>
</tr>
</tbody>
</table>

**Rhubarb**

- Canada Red
- Crimson Red
- McDonald
- Valentine

**Spinach**

- Long Standing Bloomsdale
- Space (H) – smooth
- Tyee (H) – slow to go seed

**Squash, Summer**

- Early Prolific Straightneck
- Flying Saucer (H; patty pan)
- Goldbar (H; yellow zucchini)
- GoldRush (H; yellow zucchini)
- Papaya Pear (H)
- Yellow Crookneck
- Sunburst (H; yellow scallop)
- Zucchini (several varieties)
- Tromboncino

**Squash, Winter**

- Butternut (several improved strains and bush types available)
- Green Hubbard
- Pink Banana
- Royal Acorn, Ebony Acorn or Table Queen
- Spaghetti Squash, Cornell's Bush
- Delicata
- Sunshine (H)
- Striped, White, Golden Cushaw

**Sweet Potato**

- Beuregard
- Georgia Jet (rose skin, high yield, early)
- NC Japanese (Asian type with purple skin and white flesh)

**Swiss Chard**

- Bright Lights
- Fordhook Giant

(H) indicates hybrid variety.
Tomato

Standard slicers have some disease resistance. Determinate tomatoes produce most of their fruit early in the season and less later. They also have shorter, more manageable vines. Indeterminate tomatoes produce large vines and bear fruit through the season except when hot, summer temperatures prevent pollination and fruit formation.

**Roma**
- Little Napoli (H; determinate, compact)
- Plum Crimson (H; determinate)
- Plum Dandy (H; indeterminate)
- Pony Express (H; nematode resistant)
- Margherita VF (H; determinate)
- Roma VF (heirloom, semi-determinate)
- Super Marzano VF (H; indeterminate)

**Grape/Cherry Type**
- Esterina (H; yellow, indeterminate)
- Juliet (H; indeterminate)
- Mountain Belle (H; determinate)
- Sun Gold (H; yellow, indeterminate)
- Suncherry (H; indeterminate)
- SunSugar (H; yellow, indeterminate, excellent flavor, prone to cracking)
- Supersweet 100 (H; indeterminate)
- Tumbling Tom (H; indeterminate)
- Sweet Olive (H; determinate)

**Standard Slicers**
- Amelia (H; some disease resistance)
- Beefy Boy (H; short internode indeterminate)
- Big Beef (H; large fruit, productive, indeterminate)
- Carolina Gold (H; yellow, determinate)
- Celebrity (H; highly disease resistant, vigorous determinate plant, large fruit)
- Chef’s Choice (H; large fruit, indeterminate)
- Floralina (H; some disease resistance, no longer available)
- Florida 47 (H; determinate)
- Florida 91 (H; heat tolerance, determinate)
- Jetsetter (H; indeterminate)
- Jet Star (H; an older indeterminate variety, very good yield, very good crack resistance. This was the top recommended variety for years. Some disease resistance.)

**Heirloom Slicers**
- Amanda Orange (orange, very large fruit, highly fluted)
- Black Krim (dark, red-purple, fruit, higher yield than most heirlooms)
- Cherokee Purple (pink-purple fruit)
- Mortgage Lifter (red fruit, fluted)

(H) indicates hybrid variety.

Ward Upham, Horticulturist

From original by Charles W. Marr, Extension specialist, horticulture, retired

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