How Assistive Technology Can Help

Sometimes everyday tasks can become difficult or impossible due to injury, illness, disability, or the aging process. Assistive technology refers to a variety of devices and strategies that can be applied in all aspects of life.

Thousands of possibilities exist!

- Zipper pull helps with getting dressed.
- Push/pull helper aids those with hand limitations.
- Long-handled toilet bowl brush eliminates bending.
- Card holder eases strain from holding cards.

For more information, visit or call your local K-State Research and Extension Office.

For more information on adult development and aging from Kansas State University, visit www.aging.ksu.edu