Personal Care
Zipper pull helps with getting dressed.
Suction brush stays in place for nail cleaning.

Meal Preparation
Push/pull helper aids those with hand limitations.
Under counter jar opener helps with stubborn jar lids.
Cutting board holds food in place through spikes and a raised edge.
How Assistive Technology Can Help

Sometimes everyday tasks can become difficult or impossible due to injury, illness, disability, or the aging process.

Assistive technology refers to a variety of devices and strategies that can be applied in all aspects of life.

Thousands of possibilities exist!

For more information on adult development and aging from Kansas State University, visit www.aging.ksu.edu
Household Chores
Sponge wash mitt helps those with limited grip. Reacher picks up items on the floor or overhead. Long-handed toilet bowl brush eliminates bending.

Recreational Activity
Card holder eases strain from holding cards. Plastic guide helps with letter writing.