Building Strong Families

Enjoyable Time Together
Appreciation and Affection
Positive Communication
Spiritual Well-Being
Effective Stress and Crisis Management
Commitment
Building Strong Families through educational programs. . .

**Together We Can**
Preparing unmarried parents for healthy relationships to raise healthy children.

**Stepping Stones for Stepfamilies**
Helping navigate stepfamily relationships.

**Viva La Familia Sana**
*(Long Live the Healthy Family!)*
Supporting strong Latino marriages and families.

**Kansas: OMK (Operation Military Kids)**
Promoting resilience of military-connected children and families.

**Couple Talk**
Enhancing relationships through improved communication.

K-State Research and Extension’s Family and Child Development programming supports the development, health and well-being of children, youth and families.

[www.he.k-state.edu/fshs/extension/](http://www.he.k-state.edu/fshs/extension/)
State of the Family in Kansas

In 2012, 19% of Kansas children were living in poverty, which is a 37.7% increase from a decade ago.

In the 2013-2014 school year, 50.3% of public school children participated in the free and reduced price lunch program.

Marriage rates dropped 29% in Kansas from 1990 to 2012, but divorce rates also declined 26% over the same period.

Between 2000 and 2010, there was a 14.4% increase in the number of single parent households.

In 2013, teenage females accounted for 7.8% of the pregnancies in Kansas.

From 2003 to 2012 in Kansas, there was a 16.9% increase in nonmarital births.